

SOCKET GRAFTING POST OP INSTRUCTIONS

Graft Material

The material is either donated bone or synthetic bone. These grafts are usually over-packed with excess material. Therefore, gritty graft particles fall away from the socket and can feel like sand when you bite. This is normal. The graft "matures," or turns into your own bone, over 3-6 months.

Membrane

A membrane is a thin collagen sponge used to cover the graft. This helps stabilize the graft. It is very common for this membrane to come off within 1-3 days.

Sutures

You may have either sutures or a "liquid stitch". Both are designed to dissolve or come out on their own. This is normal. The "liquid stitch" sometimes looks grey in color when mixed with blood. This is normal.

Oral Hygiene/Post op care

Do not brush your teeth the day of surgery. Do not rinse with the medicated mouth rinse until the day after surgery. Vigorous rinsing should be avoided so that the graft material is not washed away. Absolutely NO Waterpiks.

Do not apply pressure with your tongue or fingers to the grafted area. Do not lift or pull on the lip to look at the site. This can cause damage to the site and tear any sutures (if present).

If you are given an antibiotic, please take it until it is completed.

Follow up appointments

If a follow up appointment is required, it will be scheduled for you on the day of surgery. You will be notified of the date/time by your surgical assistant. If unsure about follow up appointments, please call the office.

These instructions are in addition to the general post op instructions provided. Please reference those instructions as well. If you have any questions, please call the office.